



12 Stepping Your Way Through FEAR: COVID-19 Stress and LIFE

Practical and Tactical Approaches to Abstinent Living



Workshop
Sat Sept 12
Noon – 3:00 p.m. Pacific Time

Must pre-register
To Receive Zoom Link & Handouts

Send name, phone number & email to: eventdioreg@gmail.com

Log in as early as 11:45 a.m. PT

Sponsored by Rocklin/Roseville Saturday

Workshop Includes:

- Breakout Working Sessions
- Discussion
- Writing Exercises

Twelve Step Saturday:

- Managing Fear
- Managing Resentments
- Building upon Faith
- Building upon Strength

Suggested Donation \$5

Preferred payment online at: <https://www.sacvalleyoa.org/7th-tradition-donation.html>