

Monday Night OA Miracles Group Presents

Let's Talk About The Food

Developing a sustainable plan of eating.

Saturday December 12th on Zoom

10AM til 1PM PST



**Do you wonder about what plan of eating you should have?
Do you find yourself stuck in “old ways” and need new ideas?
How do you go from where you are now to a new future?**

To find answers join us for the “Let’s Talk About The Food” workshop!
Speakers share about themselves and not for OA as a whole and OA has no opinion on food plans themselves.

ZOOM Meeting number: 892 2813 1034

Password: 266203

For information contact: letstalkaboutthefood@gmail.com